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# Katie Morrison: The Give and Take of Life with MS

By Lisa Burling Blake, LBPR

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# Katie Morrison: The Give and Take of Life with MS

By Lisa Burling Blake, LBPR

In western Sydney, an inspiring young woman named Katie Morrison is teaching us, by her own example, about resilience, courage, and the power of a positive outlook.

A primary school teacher and mum who has just turned 40, Katie's life to this point has been an intricate dance of embracing her dreams, nurturing her family, and courageously managing Multiple Sclerosis (MS).

Katie's journey with MS began in 2002 when she was only 19 years of age. She experienced a sudden bout of Optic Neuritis, which she was told could be a precursor to MS.

"I noticed other symptoms of MS that I always thought were 'normal' such as pins and needles," explains Katie. "In 2003, I had a sensation in my arm which was put down to a pinched nerve, but by this point I just knew it wasn't a pinched nerve." Following an MRI, Katie was diagnosed with relapsing/remitting MS. "I was not shocked at this point as I think I always knew I had it following the Optic Neuritis," she says.

Despite her inner strength, Katie couldn't escape the toll her MS diagnosis was having on her mental health. She recalls: "I did get quite depressed as I felt like I was always sick. The 'Why me?' question lingered in my mind, which I now appreciate is a natural response for someone diagnosed with a chronic condition at such a young age. I realised that my depression was not just a symptom of MS but a separate challenge I needed to address head-on."

In 2005, Katie embarked on her MS treatment, starting weekly intramuscular injections of Avonex. Her determination to live life to the fullest led her to travel - Katie lived and worked in London in 2006-2007 and met her husband Steve when she was travelling in the USA in 2008. Once back in Australia, she moved in with her partner and went back to university. However, Katie still had the travel bug so she travelled to Europe in January 2012 while taking Avonex. It was here Katie experienced a relapse.

"I recall losing some fine motor skills - I couldn't type or put in earrings. I had steroid infusions which helped correct my fine motor skills and my neurologist recommended I change to Tysabri."

It's at this time Katie's teaching career began. However, she unfortunately tested positive to Human polyomavirus 2, commonly referred to as the JC virus or John Cunningham virus which meant she was unable to continue with this treatment permanently.

In October 2015, Katie had her first round of Lemtrada which was for five days, followed by a repeat treatment for 3 days in 2016.

"Since then, I have not had any further treatment. I did develop Hashimoto's Disease (an autoimmune condition where the immune system cells attack the thyroid gland) which was a side effect of Lemtrada, but this is managed with daily Thyroxine."

Katie did have one minor relapse which showed on an MRI after her daughter, Elise was born in 2021, however she was not aware of this relapse "probably because of all the wheels that are turning after having a baby!"

Katie offers wise advice for those who are newly diagnosed with MS: "Join a community - it is nice to have people to talk to who understand you."

Trust science, research and medicine. It's important to remember everyone will have a different journey. And make sure you are connected to a neurologist that you trust."

One of the pillars of support in Katie's life is the Trish Multiple Sclerosis Research Foundation, which she connected with through a school friend, Peter Walton.

Chair of the Foundation, Carol Langsford, says Katie's journey living with MS is a great example of the remarkable advancements in research and treatments, in comparison to when her daughter Trish was diagnosed in 1994.

"Back then, Trish's neurologist told us there was nothing he could give her, which was heartbreaking. It is wonderful to look back on the extraordinary progress achieved since we launched the Trish MS Research Foundation. As our Sponsors and supporters are aware though, solving Progressive MS is an urgent unmet need and is the total focus of the Trish Foundation's honorary Board and honorary Scientific Research Committee."

As someone who has witnessed the evolution of MS research and treatment options, Katie remains hopeful about the future. She dreams of a world where research and treatments continue to progress, with a particular focus on Primary Progressive Multiple Sclerosis (PPMS). She believes that a cure is within reach.

"Often, we dwell on what MS takes away from a person, but my journey illustrates that the disease can also give. My diagnosis led me to make a life-altering decision - I deferred university and travelled overseas after my MS diagnosis. Had I have not done this, I would not have met my husband, had my daughter, Elise, and had so many wonderful life experiences."



## Our heartfelt gratitude

... to the Trish Foundation's incredibly generous Sponsors, donors and supporters for your extremely generous contribution to the over \$7 million raised for high-quality, peer-reviewed MS Research Projects.

... to the Trish Foundation's very valued Patron, Dr Brendan Nelson AO.

... to the Trish Foundation's expert, professional honorary Scientific Research Committee, Professor John Pollard AO, Professor Peter Russell, Professor Michael Barnett, Dr Jennifer Massey, Professor Graeme Stewart AM, Professor Helmut Butzkueven and Associate Professor Stephen Reddel.

... to the Foundation's expert honorary Auditor, Tony Nimac.

... to our passionate honorary Board and team of volunteers who continue to make a significant contribution to the Trish Foundation.

Thank you very much the Trustees of **The Lady Fairfax Charitable Trust**, Jon Pratten and his family, **Pratten Foundation**, the Trustees of **The Woodend Foundation**, Bill and Fay Gilmour, **Bill Gilmour Tennis Foundation** for your extraordinarily generous, substantial contributions to our funds for important MS Research Projects.

## Thank you

..... to long-time supporter, Jenni Wray for dedicating her milestone birthday to the Trish Foundation and asking for donations to the Foundation in lieu of presents. Happy birthday and thank you Jenni!

..... to Angus Lane who dedicated his mammoth run in the Melbourne Marathon to the Trish Foundation, raising significant funds for our research. Angus' Grandmother bravely fought and battled MS for much of her adult life. Our volunteer team is tremendously grateful Angus – thank you!



ALL THAT JAZZ BALL

Trish Multiple Sclerosis Research Foundation

SATURDAY 7 SEPTEMBER 2024

The Foundation's Trish MS All That Jazz Ball will be held at Hilton Sydney on 7th September 2024. Please assist the Trish Foundation's volunteers to continue the momentum being achieved.



## Trish MS Research Award

At the Trish MS Golden Butterfly Ball, the 2023 Trish MS Research Award was awarded to Craig Marshall, Marshall. Chan. Yahl, who has professionally supported the Trish Foundation since 2001. As the Foundation's honorary Auctioneer, Craig has been responsible for raising millions of dollars for MS Research, has purchased tables at our past Balls, has personally bid on Auction Items and has provided great personal support to the Foundation. Again at our Ball, Craig did an expert job with the Live Auction, very generously, adding to the funds raised for research.

**Congratulations Craig!**

## Trish MS Canberra Lunch

With great appreciation to Adrian Dolahenty, Kurrajong Strategic Counsel, the Canberra Chapter of the Trish Foundation was launched by Federal Member for Canberra, Alicia Payne in her Electoral Office last November.

The Foundation's first Canberra fundraiser, our Trish MS Canberra Lunch, is being held at **East Hotel on Saturday 4th November**.

## Trish Long Lunch

A date for your diary – our second Canberra and surrounds fundraiser.

With immense gratitude to long-time very valued supporters Sarah, Cathy and Susie Hope who are organising this special fundraiser, **the Trish Long Lunch will be held at Poachers' Pantry on Saturday 4th May 2024**.

# Trish MS Golden Butterfly Ball

Butterflies and more butterflies dazzled the venue on 9th September at the Trish MS Golden Butterfly Ball - sparkling on the large screens in the Grand Ballroom at Hilton Sydney, worn by our guests in a multitude of ways, shining brightly from the gorgeous table centres, decorating the foyer and Ballroom and much more.

Having lost Roy Langsford OAM, one of the founders of the Trish MS Research Foundation, our passionate, hard-working team of volunteers stepped up even further, creating a fun, enjoyable evening and raising significant funds for the Trish Multiple Sclerosis Research Foundation Fellowship.

Special guests Barry O'Farrell AO, who recently completed his term as Australia's High Commissioner to India and Rosemary, John Alexander OAM and Gill and tennis legend Ken Rosewall AM MBE who travelled from Queensland and was accompanied by his granddaughter Olivia, were joined in the Grand Ballroom by generous, passionate guests, many of whom have supported the Foundation since inception.

Expertly and warmly led by the inimitable Johanna Griggs AM, who again did an outstanding job as MC, the venue buzzed with fun and laughter, as guests rocked to the music of the award-winning band, Jellybean Jam and very, very generously supported the Foundation's fundraising initiatives.

The Foundation's very valued Patron, Dr Brendan Nelson AO, who has re-located to London, sent a moving video which started the Ball rolling. Dr Nelson said on the video that he will offer himself to serve on the Foundation's Board when he finishes his tenure in London, an offer which is profoundly appreciated.

Again this year DMC Digital produced pro bono, a special Video Presentation featuring Kat and Paul Colgan and their 7-year-old son Teddy, who articulately shared his thoughts about his Mum living with MS and his favourite things to do.

The Trish Ball this year was supported by the International and Australian MS scientific research community. Professor Heinz Wiendl, University Hospital Münster, Germany and Professor Amit Bar-Or, University of Pennsylvania, Philadelphia and members of the Foundation's honorary Scientific Research Committee, Professor Michael Barnett, Professor Helmut Butzkueven (who travelled from Melbourne) and Dr Jennifer Massey, who were joined by Professor Jeannette Lechner-Scott, Professor Rodney Scott and Dr John Parratt, with apologies from other members of the Australian MS scientific community.

Johanna Griggs interviewed Professor Butzkueven and Dr Massey who shone a light on the remarkable progress which has been achieved since Trish Langsford was told there was nothing her neurologist could give her, as well as their thoughts on great hope for the future and much more.

Kambala made a tremendous, uplifting contribution, the Kambala Jazz Orchestra setting the scene with their exhilarating music during pre-dinner drinks. The feature entertainment of the evening was led by acclaimed Soprano Toni Powell who needs no introduction to Trish Foundation supporters. Toni was proud to introduce her pupils, Kambala's Musical Theatre stars, Zara Psirakis and Siena Williams, who have both been accepted into The American Musical and Dramatic Academy/AMDA College of the Performing Arts' studying Musical Theatre in the US and advancing their exceptional talents. Panagiotis Karamanos was mesmerising on trumpet, complementing this special entertainment brilliantly.

Johanna Griggs interviewed Mt Everest mountaineer, the inspirational Jen Willis who is living with multiple sclerosis. Jen dedicated her Mt Everest Climb to Trish Langsford and raised tremendous funds for the Foundation's research. Jen is the first Australian with MS to climb to The South Col at Camp 4, 7,900 metres. You are an inspiration Jen!

Trish Foundation Director, Niall King OAM said, "Once again we have been blessed to receive extremely generous support from our valued Sponsors, our Corporate VIP tables, our extremely generous donors of donations towards the Trish Multiple Sclerosis Research Foundation Fellowship, the incredibly generous donors of the tremendous array of Prizes for our fundraising, all our generous guests who filled the Ballroom and everyone involved in the success of our Trish MS Golden Butterfly Ball and the funds we raised for research. Our team of volunteers is incredibly grateful to each and every one of you."



MC Johanna Griggs AM led the Ball with fun, warmth and distinction



Acclaimed soprano Toni Powell and her super-star Year-12 pupils Zara Psirakis and Siena Williams who delivered a breathtaking performance, accompanied by Panagiotis Karamanos on trumpet



Sue and Doug Meredith – continuing outstanding support from DMC Digital



Ben Gommers, Novartis Australia, Ashraf Al-Ouf, Bayer Australia and Adrian Dolahenty, Kurrajong Strategic Counsel



Michael Phillips, Phillips Family Office, his family and guests – extremely generous support



Trish Foundation Board member, Jeremy Wright AM who was the inaugural Executive Director of MS Research Australia





*Red Hill Estate donated all the wine for our Ball and much more. Frank and Judy Fabrizio and their family*



*Honorary Scientific Research Committee members, Dr Jennifer Massey and Professor Helmut Butzkueven – a very informative interview by MC Johanna Griggs AM*



*Rosemary O'Farrell and Barry O'Farrell AO, who recently completed his term as Australia's High Commissioner to India*



*Three valued honorary Auditors, Peter Done, Tony Nimac, Brett Mitchell and their wives, with their KPMG colleagues*



*John Alexander OAM and Gill Lloyd*



*The Kambala Jazz Orchestra's talented musicians entertained guests during pre-dinner drinks*



*Inspirational Mt Everest mountaineer, Jen Willis who is living with MS, and her mother Kerry*



*Mandy Vilimaa, who nursed Trish in the nursing home, and her guests*



*General Manager Ashraf Al-Ouf and guests, Bayer Australia's Corporate VIP Table*



*Nathan Lavings and guests, CMS Consulting's Corporate VIP Table*



*Continuing awesome support from Tim Vial and his guests*



*Fay and Bill Gilmour, Bill Gilmour Tennis Foundation*

**Sincere gratitude to the Trish Foundation's major Sponsors for your extremely generous, significant support.**



## Our immense gratitude

The Foundation is incredibly blessed to have the formidable expertise, diligence and attention-to-detail of our honorary Scientific Research Committee, which ensures only the highest quality research is funded by the Trish Foundation.

Our immense gratitude to the Trish Foundation's expert, professional honorary Scientific Research Committee, **Professor John Pollard AO, Professor Peter Russell, Professor Michael Barnett, Dr Jennifer Massey, Professor Graeme Stewart AM, Professor Helmut Butzkueven and Associate Professor Stephen Reddel** who continue to give mammoth amounts of their valuable time and their immense expertise to the Foundation.

## Research leading to a \$1.1M NHMRC Ideas Grant

Commencing January 2019, Dr Junhua Xiao, the University of Melbourne, was awarded a 3-year Project Grant titled "How neurons regulate cortical and subcortical remyelination". Dr Xiao subsequently left the University and her Project Grant was awarded to A/Prof Simon Murray who has continued her important work.

In this research the scientists have been looking at a protein called TrkB which is made in the nerve cells in the brain and seems to be important in the remyelination process. Using a combination of ground-breaking scientific approaches, the project has been looking at what happens to the remyelination process in cells in the presence and absence of TrkB.

### **A/Prof Murray has sent the following report:**

"This grant has continued to progress well. We have used an experimental model of central nervous system demyelination to dissect the role that a molecule, called TrkB, exerts upon myelin repair. We have been working on the TrkB molecule for some time and we believe it holds promise as a therapeutic target for repair in MS. In these particular experiments, we interrogated the role that TrkB expressed on nerve cells exert upon myelin repair. After extensive analysis of a number of experimental cohorts, the data are clearly demonstrating that neuronal TrkB exerts little effect upon myelin repair.

## Trish Multiple Sclerosis Research Foundation Fellowship

The Foundation will be funding a 5-year Trish Multiple Sclerosis Research Foundation Fellowship at \$100,000 per annum, which will commence 1st January 2024.

Following the rigorous assessment and evaluation process, including the world-wide peer-review process, which is modelled on the most stringent grant review systems worldwide, the Foundation's eminent honorary Scientific Research Committee will announce the successful Applicant and the details of the Fellowship before the end of the year.

These data were not as expected and quite surprising, but is nevertheless an important finding and has helped us refine our hypotheses for future experiments and proposals. I would like to acknowledge a PhD student in the lab, Ms Sangwon Yoo, for undertaking some of these analyses. These experiments have formed a substantial part of her PhD thesis which we hope to submit by the end of this year.

This grant had an additional component that examined the nature of the interaction between oligodendrocytes and the nerves they myelinate. Intriguingly, we are finding that the TrkB molecule is exerting significant differences in the way the oligodendrocytes make initial contact with axons. This is novel and we are continuing to examine this. This is all the more intriguing, as despite these differences in the initial contact, myelin repair appears to proceed unimpeded.

Finally, I would just like to add that grants such as these are extremely important to the lab, they really help us keep together in a very tight funding environment. On the up-side, I am very pleased to let you know that the lab received a 5 year, \$1.1M NHMRC Ideas Grant to continue our MS research. This new Ideas Grant is related to the work undertaken in the Trish grant, still focussing our attention on TrkB in remyelination. So we are grateful for the time and effort you, your Foundation and your donor groups put in, they really help the lab along."

Due to the pandemic, a revised completion date for A/Prof Murray's Project Grant was requested and approved.

## Excellent progress

Commencing January 2022, Dr Izanne Roos, University of Melbourne was granted a 3-year Trish Translational Research Project Grant titled, "Personalised therapy to prevent disability in aggressive multiple sclerosis".

Dr Roos' diligent, very hard work is enabling excellent progress to be achieved.

In this research project, Dr Roos and her team are aiming to validate statistical models which can predict an individual's risk of developing aggressive MS at the earliest stages of MS. They will then establish whether early use of the most potent therapies can prevent aggressive disease in those patients at high risk. They aim to achieve this by using data from big MS registries (MSBase, an international registry, and OFSEP, the French National registry), and a cohort of patients with MS who are followed from early after MS onset from Barcelona, Spain. The focus in 2022 was on setting up the necessary collaborations, and obtaining data from all sources, while abiding to the requirements of the European General Data Protection Regulation. All data had been obtained by December 2022, and data mapping and quality control procedures have been applied.

Several key outcomes had been achieved in the first year of the Project:

- Establishment of collaborations with two large MS teams led by eminent leaders in the field of MS and neuroimmunology.
- Full execution of two GDPR compliant agreements and subsequent data transfer.
- Completed data mapping for both Projects 1 and 2.
- Preliminary results from models 1 and 2 of project 1, with resultant further refinement of the included cohorts as agreed by all parties.
- Advancement of the statistical and methodological expertise required for project completion as evidenced by first author publication in Multiple Sclerosis Journal by CIA Roos (Roos et al. Comparative effectiveness in multiple sclerosis: A methodological comparison.)

These outcomes are key to the subsequent analytical steps and have occurred in line with the proposed timelines.

In 2023 Dr Roos and her team are focusing on the completion of project 1, and completion of the first two analyses of project 2. Project 1 involves the validation of prognostic models for the development of aggressive MS. The results of the validation models will be submitted for publication in a peer-reviewed international journal.



Project 2 will focus on optimal treatment approaches for patients at highest risk of aggressive MS. Dr Roos aims to explore this in a series of analyses. Analysis 1 will compare the odds of aggressive MS among high-risk patients treated with high-efficacy vs standard/no treatment, using marginal structural models. It will also compare the risks of relapses and disability worsening. Analysis 2 will use similar methodology to study the interaction of therapy with time from MS onset to start of high-efficacy therapy, with the aim of evaluating the influence of the timing of treatment start. Dr Roos aims to have completed both these analyses by the end of 2023, with planned manuscript submission in early 2024.

If Dr Roos is successful in validating statistical models which can predict an individual's risk of developing aggressive MS at the earliest stages and then establishing whether early use of the most potent therapies can prevent aggressive disease in those patients at high risk, people living with – or diagnosed with – aggressive MS would benefit enormously. Dr Roos is making great inroads into achieving this.

## The vitamin D response pathway

The Trish Foundation is currently funding Dr Grant Parnell's research titled, "Defining how vitamin D promotes tolerogenic dendritic cells to enable its use in combined therapy". The research is being carried out at The Westmead Institute for Medical Research / The University of Sydney.

The aim of this project is to better understand the vitamin D response pathway in immune cells, especially identifying the processes important in making immune cells less active. This should lead to better ways to exploit vitamin D for therapy, including providing tools to assess the success or not of supplementation.

To date in this project, we have performed experiments where we treated a particular type of immune cell, dendritic cells, with vitamin D and measured the response to this treatment using multiple next generation sequencing approaches. This enabled us to identify which genes are being activated or suppressed in response to vitamin D. Our initial results are showing that vitamin D reduces expression of genes that are known to be involved in inflammation and helps keep the dendritic cells in a suppressed state. We have also performed initial experiments where we are treating these cells with vitamin D in conjunction with a secondary agent which has previously been shown to enhance the response to vitamin D in a non-immune cell type. We are still in the process of fully characterising the

response of dendritic cells to this secondary treatment. We are also planning additional experiments to target the vitamin D response pathway in ways that bypass the current homeostatic bottleneck observed with response to oral vitamin D supplementation.

2021 saw significant disruption to the progress of this work. Many of our experiments require 2-week cell cultures and subsequent downstream processing. For a large proportion of the year we were either on alert for a potential shutdown of WIMR (where the lab is based) or prevented from attending WIMR. We are therefore intending to request a 12 month extension of the duration of this Grant to enable us to make up for the time lost due to the COVID-19 disruptions. Whilst some level of disruption persists (eg isolations if testing positive or symptomatic), we have now returned to the lab without restrictions and are making good progress with the project.

A revised completion date for Dr Parnell's Project to 30 December 2023 has been approved.

In August 2021 Dr Parnell was successful in obtaining a full time continuing position as a lecturer at the University of Sydney, with 40% of his time dedicated to research. This will enable Dr Parnell to continue in MS research for many years to come, as well as contribute to the education of the next generation of medical researchers. Dr Parnell has a great team working with him to keep the research progressing and is looking to recruit some additional research staff now that work is returning to the new normal.

We look forward to Dr Parnell and his team making additional progress with this important research.

## PrevANZ Findings

On 6th June 2011 the Foundation was pleased to announce we had joined forces with the MS Society Western Australia to provide vital funding to initiate a world-first clinical trial of Vitamin D for the prevention of MS. This Project could not have proceeded without the contributions of the Trish Foundation and the MS Society of WA and was to be the first in the world with the power to prove that Vitamin D is a safe and effective method for preventing MS.

At the time, the Executive Director of MS Research Australia, Jeremy Wright (who is now a Board member of the Trish Foundation) said, "The Trish Foundation was the first to recognise how important it is to test this Vitamin D intervention and to see if it can save the onset of MS. Their support is inspired and to be applauded."

There had long been interest in the possible benefits of vitamin D supplements for those living with MS and whether they can be used

to prevent the development of MS. That is because the risk of developing MS can vary depending on latitude, with those living furthest from the equator more likely to be affected by the disease. In Australia, those living in the north of the country are less likely to develop MS than those in the south.

"Vitamin D supplements do not prevent the development of Multiple Sclerosis." That is the finding from PrevANZ, the ground-breaking clinical trial to determine if oral vitamin D supplements can delay the onset of MS.

Professor Helmut Butzkueven, Chair of the PrevANZ Steering Committee said, "We showed conclusively that doses of up to 10,000 international units per day did not reduce MS activity compared to those who did not take vitamin D."

Professor Bruce Taylor, also from the PrevANZ Steering Committee, understands this might be seen as a disappointing result, but says it is a very important one. "We are now eagerly awaiting the results of D-LAY MS, a French study with very similar design.

"On behalf of the entire study team, we wish to thank all the study participants and investigators for their participation and dedication over so many years", Professor Taylor said.

## Active Participatory Health Monitoring

Commencing January 2020, A/Prof Anneke van der Walt was awarded a three-year Trish Translational Research Project Grant titled, "Active Participatory Health Monitoring in people with Multiple Sclerosis (Active-MS)".

With this Project commencing January 2020, Covid 19 had a large impact on recruitment and resources as staff were redeployed to other areas to assist in the management of Covid. Due to these constraints, approval has been granted to extend this study, the new completion date being 31 December 2023.

The aim of the Project is to implement and validate novel tests that can be used to predict, early on, if patients with MS are likely to have a good or poor outcome. This information could be used in clinical practice to optimise treatment choice quickly and efficiently, to ensure people with MS maintain the best quality of life and productivity.

This study has contributed to A/Prof van der Walt and her team's successful collaboration with Redenlab, SNAC and Roche.

A/Prof van der Walt and her team aim to finish recruitment mid 2023 at all sites. They will continue their monitoring of the adherence and data quality to ensure that study objectives can be met. We look forward to analyses and publication of the findings of this study.

## Every single dollar

The Australian Charities and Not-for-profits Commission's ninth edition of the Australian Charities Report disclosed the charity sector employed 10.5 per cent of the workforce in 2021.

"There were 1.42 million employees in the 2021 reporting period and revenue growth was strong," Commissioner Sue Woodward AM said.

As our supporters are very aware, the Trish MS Research Foundation is totally staffed by a passionate, committed team of volunteers and every single dollar raised is placed into high-quality, peer-reviewed MS Research Projects. The Directors have covered the administrative expenses since inception in 2000.

This is certainly an illustration of how exceptionally rare the Trish Foundation is – and our heartfelt appreciation is extended to our extremely valued, wonderful Sponsors, donors and supporters.

## Thank you

Red Hill Estate for buying a Corporate VIP Table at our Trish MS Golden Butterfly Ball, for donating all the wine our guests enjoyed, for donating Auction Items and much more.

Red Hill Estate continues to offer a 10% discount online or instore to the Foundation's Sponsors and supporters.

**Simply use the code: TRISHMS10.**



RED HILL ESTATE

## Support on the greens

Sponsored and hosted by Taren Point Bowling Club, bowlers from Sutherland Shire District Womens Bowling Association bowled in the "Sutherland Shire Womens Day" on Monday 26th June 2023, raising tremendous funds and awareness for the Trish MS Research Foundation.

Jacki Trembath, President Sutherland Shire District Women's Bowls Association, Gai Cavanagh who was Secretary 2022-2023, Chris Green, Bowls Manager, Ray Pearse, Head Coach and Administrator, made valued contributions to this special fundraiser.

The fundraiser was a perfect opportunity for ladies from all around the District to enjoy a special day on the greens.

THANK YOU very much to Taren Point Bowling Club, Sutherland Shire District Women's Bowling Association, everyone involved in the organisation of this special day and to the generous bowlers who supported the Trish Foundation so generously.

Gai Cavanagh, Jackie Trembath, Ray Pearse, Chris Green



The Foundation is honoured and extremely grateful to Lisa Wilmot who requested donations to the Trish MS Research Foundation in lieu of flowers when she lost her beloved husband Richard. Lisa's kind, gracious gesture gave the Foundation's funds for MS Research Projects a great boost.

**Our sincere condolences Lisa – and THANK YOU.**

## Additional Trish MS Golden Butterfly Ball photographs

